

## IMPACT OF THE OCCUPATION ON MARITAL ADJUSTMENT

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### ABSTRACT

#### Background

The present study investigate the impact of the occupation and family structure on marital. Hypothesized the, better marital adjustment in nuclear family for working women and poor marital adjustment in joint family for working women. Better marital adjustment in joint family for non- working women and poor marital adjustment in joint family for non-working women. A better economic resource leads to better marital life and resultantly improves the quality of marital adjustment.

#### Methods

Sample of the study considered of 32 married women. The first sample of 16 working women was drawn which was further dived into, living in nuclear family system (n=8) and joint family system (n=8). The sample of 16 non-working women was drawn which was equally divided in nuclear family (n=8) and joint family system (n=8).

#### Result

Results shows the no significant difference between marital adjustment, occupation and family structure so the our hypothesis (better marital adjustment in nuclear family for working and poor marital adjustment in joint family for working women, better marital adjustment in joint family for non-working women and poor marital adjustment in joint family for non-working women and economic resources leads to better marital life and resultantly improves the quality of marital adjustment) reject.

**KEYWORDS:** Marital Adjustment, Occupation, Family Structure